FLOOD PREPAREDNESS

- **Prepare a family plan, and have emergency telephone numbers available.**
- **Assemble a disaster supply kit** with enough non-perishable food, water, and other supplies for at least 72 hours.
- Within your plan, **identify points of contact outside of the flood zone** that you can check-in with.

DOCUMENTS AND RECORDS

Here is a **checklist** of documents you may need to replace if they are destroyed or missing.

Social services and welfare clients: notify your caseworkers if identification cards for check cashing, medical care, or Supplemental Nutrition Assistance Program (SNAP) have been destroyed.

Birth/death records replacement assistance: visit *www.azdhs.gov/licensing/vital-records* or contact:

- Birth certificates
- Passports
- Driver's licenses
- Social Security cards
- Citizenship records
- Credit cards
- Checkbooks/statements
- Medical Records
- Medical insurance cards
- Insurance policies
- Income tax records
- Marriage/divorce papers
- Prepaid burial contracts
- School records
- Title to deeds
- Military discharge papers
- Stocks and bonds
- Automobile titles
- Warranties
- Wills
- Military identification cards
- Bank books
- Payment books
- Animal registration papers and vaccination records

Arizona Department of Health Services
Office of Vital Records
1818 West Adams Street, Phoenix, AZ
85007 602-364-1300 or 1-888-816-5907

Passport replacement assistance: call the U.S. Post Office at 1-800-275-8777.

Marriage/divorce records: call your county records department.

Social Security Card information: call the Social Security Administration at 1-800-772-1213.

MONEY REPLACEMENT

Damaged paper money or coins may be redeemable. Mail money via **registered mail, return receipt requested.**

Department of Treasury, Bureau of Engraving and Printing
Office of Currency Standards · 1-877-874-4114

If your **U.S. Savings Bonds** are lost or damaged, contact the Federal Reserve Banks to request replacement:

Federal Reserve Bank of Minneapolis PO Box 291, Minneapolis, MN 55480-0291 · 612-204-5000

TEMPORARY HOUSING

If your house is uninhabitable and you have no place to go, contact the **American Red Cross** by county:

· Central and Northern Arizona Chapter: Apache, Coconino, Gila, Maricopa, Mohave, Navajo, Pinal and Yavapai counties:
www.redcross.org/local/az-nm/about-us/locations/central-and-northern-arizona · 602-336-6660

· Southern Arizona Chapter: Cochise, Graham, Greenlee, La Paz, Pima, Santa Cruz and Yuma · 520-318-6740
www.redcross.org/local/az-nm/about-us/locations/southern-arizona

IN DIFFICULT TIMES...

During stressful times of loss and uncertainty, do not hesitate to call one of the following regional behavioral health services:

· Central GSA – Mercy Care (formerly Mercy Maricopa Integrated Care) · *www.mercycareaz.org* · 602-222-9444

· North GSA - Health Choice Arizona (formerly Health Choice Integrated Care) · 1-866-495-6735
www.azahcccs.gov/MembersBehavioralHealthServices

· North GSA - Navajo Nation · 928 -729-4012
www.navajo-nsn.gov/index

· North and South GSA - Gila River Regional Behavioral Health Authority · *www.grhc.org/bhs* · 520-562-3321

· North and South GSA - White Mountain Apache Tribe
www.wmabhs.org · 928- 338-4811

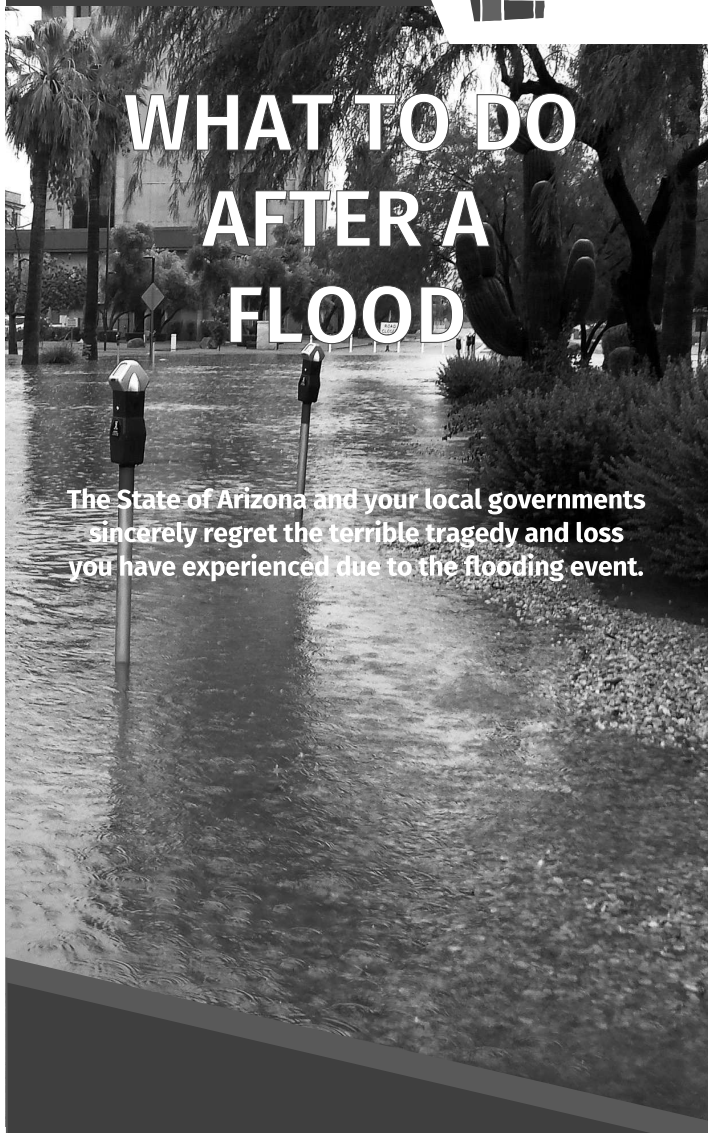
· South GSA - Arizona Complete Health (formerly Cenpatico Integrated Care · *www.azcompletehealth.com*
1-888-788-4408

· South GSA - Pascua Yaqui Tribe · 520-591-7206
www.pascuayaqui-nsn.gov/index.php/behavioral-health-services

Note: GSA stands for Geographic Service Area.

For additional information, visit: http://ein.az.gov

ADHS



WHAT TO DO AFTER A FLOOD

The State of Arizona and your local governments sincerely regret the terrible tragedy and loss you have experienced due to the flooding event.

Floods are very traumatic events. Most people have little experience dealing with the aftermath of a significant flood. This brochure includes information that may be helpful to you in this time of crisis. Remember that you are not alone when disaster strikes. Your neighbors, your community, local fire departments, your county and the agencies of the State of Arizona are available to provide you aid and comfort to the best of their abilities.

For additional resources, visit: *azhealth.gov/flooding*

WHAT TO DO AFTER A FLOOD

RETURNING HOME

- **Return home during the daytime** so that you do not have to use lights (Use battery- or crank-powered flashlights if returning at night).
- **Shut off electrical power and natural gas/propane tanks to avoid fire, electrocution, or explosions.** If you smell gas or suspect a leak, turn off the main gas valve, open all windows, and leave the house immediately.
- **Keep children and pets out of the affected area until cleanup has been completed.**
- **Do not turn on the lights or do anything that could cause a spark.** Notify the gas company or fire department; do not return until you are told it is safe.
- **Consult your utility company** about using electrical equipment, including power generators.
- **Avoid any downed power lines or wading in standing water** which may contain glass or metal fragments.

TETANUS SHOTS

If you have been exposed to floodwaters or have suffered injuries as a result of the flood obtain a tetanus shot from your local county health department or doctor if you haven't received one in the last 5 years.

If you have open cuts or wounds take extreme precautions when walking through floodwaters to prevent contracting tetanus.

MOSQUITO-BORNE ILLNESS

Standing water from flooding can result in an increased risk for mosquito-borne illness like West Nile Virus. People returning to flooded areas should protect themselves from mosquitoes by learning how to reduce the number of mosquitoes around their home and take personal precautions to avoid mosquito bites.

SAFE WELL WATER

Do not drink the water from your well without testing it! Flooding may carry contaminated water into your well, even if your well was not submerged by floodwaters. There is also a danger of electric shock from well components. Do not turn on equipment until it has been checked by a qualified electrician, well contractor, or pump contractor.

Visit ***www.azhealth.gov/wellwater*** for information on how to test and disinfect your well.

PROTECT YOURSELF FROM MOLD

- **Keep children, elderly, and people with asthma, allergies, breathing conditions or weakened immune systems away from mold.**
- **Minimize the spread of mold spores** by decreasing foot traffic, avoid rapid movements, and cover moldy objects when removing them.
- **Removal and cleaning are important** because even dead mold may cause allergic reactions in some people. Make sure the working area is well ventilated.
- **Refer to the U.S. Environmental Protection Agency (EPA) document,** A Brief Guide to Mold and Moisture in Your Home. (***https://www.epa.gov/mold/brief-guide-mold-moisture-and-your-home***)

FLASH FLOODING

Flooding that begins within 6 hours, and often within 3 hours, of the heavy rainfall (or other cause).

You will not always have a warning that these deadly, sudden floods are coming. Most flood deaths are due to **FLASH FLOODS.**

Flash Flooding is possible everywhere. The normally tranquil streams and creeks in your neighborhood or area can become raging torrents if heavy rain falls overhead -- or even upstream of your location! Flash Flooding can also occur on city streets and highway underpasses.

Learn more at: ***www.weather.gov/pbz/floods***

CLEANUP OF HOME AND FLOOD WATER

If the cleanup is a smaller job that you can do yourself take precautions by wearing goggles, fitted mask (if appropriate), rubber boots, waterproof gloves, and long-sleeved shirts and long pants.

If the cleanup is a large job call a professional who is experienced in cleaning up mold.

Dry out your house when you reenter your home by using fans, air conditioning units, and dehumidifiers.

Thoroughly clean all hard surfaces (flooring, furniture, countertops, appliances, sinks, etc.) with hot water and laundry or dish detergent, then disinfect with a household unscented chlorine bleach solution.

To make and use a household bleach solution:

Add 1 tablespoon of bleach to 1 quart (4 cups) of water

Let stand for 3-5 minutes, then rinse the surface with clean water.

Remove and discard drywall and insulation that has been contaminated with sewage or flood waters. Seek immediate medical attention if you become injured or ill.

After completing the cleanup wash your hands with soap and water. Use water that has been boiled for 1 minute (allow the water to cool before washing your hands).

Wash clothes worn during flood cleanup activities and clothes contaminated with flood or sewage water in hot water and detergent separate from uncontaminated clothes and linen.

DRIVING - TURN AROUND DON'T DROWN™

NEVER drive through flooded roadways - you do not know the condition of the road under the water.

Do not camp or park your vehicle along streams and washes, particularly during threatening conditions.

For additional resources, visit: azhealth.gov/flooding